

ACCESSORIES: A HEADBAND FROM OLD TIGHTS



MATERIALS REQUIRED

Tights, scissors, thread and a needle.

DEGREE OF DIFFICULTY

Low.

APPROXIMATED TIME REQUIRED

90 minutes.

LEARNING GOALS

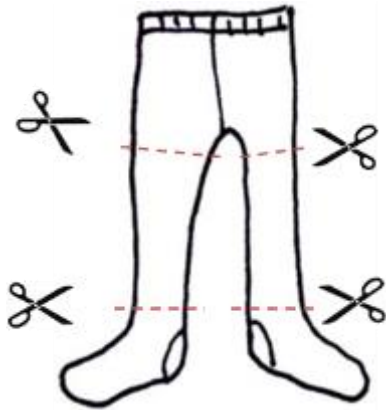
Make use of an old pair of tights to create a nice accessory.

ABILITIES DEVELOPED

Attention, determination, fine handling, hand-eye dexterity, creativity, fine motor skills.

STEP-BY-STEP INSTRUCTIONS

1. Cut the tights by the wider part of each leg and also at the feet high. You will have two pieces with the same measurement.



2. Measure your head with one of the pieces (the measurement should be around 56-58 centimetres) and sew the endings. You have just made the headband.
3. Now you are going to make the bow. Take the other piece and cut it again, this piece must be 25 centimetres long. Sew the endings just like you have already done with the other one.



4. Clamp this second piece on its half, this is the bow. Cut another piece, 10 centimetres long and 5 centimetres wide. Surround with it the middle of the bow and the headband, this is how you have joined the two pieces. Set it with stitches on the lower part (so the seam can not be seen). Your beautiful headband is ready!



TIPS

It is better if you use thick tights, this way it would be easier for you to sew them. If the tights have some print the final result would be even more spectacular and also it would help to hide imperfections that may appear when sewing.